



PELHAM RECREATION DEPARTMENT
RICHARD J. DARONCO TOWN HOUSE -20 FIFTH AVENUE
738-0153/FAX 712-0586/HOTLINE 738-6644
www.pelhamrecreation.com
PELHAM RECREATION BOYS LACROSSE 2011

Registration: Saturday, January 8 & February 5 / 9AM-12PM

The goal of this program is to teach and to make available to boys in grades 1—8 the fundamentals and skills needed to play lacrosse. This program is designed with an emphasis on learning basic lacrosse skills. In addition, we will develop self-confidence in all of our players and instill the importance of a positive attitude, both individually and as a team. The program will be split into four groups: (i) 1st/2nd (ii) 3rd/4th (iii) 5th/6th (iv) 7th/8th graders.

Depending upon enrollment the program will be split into three or four sections. The younger grades/ages program will be all instructional clinics designed to teach fundamental lacrosse techniques including stick handling, ground balls, throwing and catching. There will be uniquely designed regimes to ensure all players are actively involved in live ball game situations.

The older grades/ages program will include instruction as well as recreational games. We will concentrate on teaching fundamental lacrosse techniques, advanced skill work and essential game situations. The instructional clinics and recreational games will be geared to help players advance by working on both their technical and tactical game execution. Our clinics will incorporate competitive drills, situational play and games so that the players will be challenged on every level each day. The drills will be conducted in small groups using 1v1, 2v2, and 3v3 to maximize time with the ball and focus on individual fundamental improvement in: Stick handling skills, passing, offensive & defensive skills, ground balls, face offs, dodging, transitional play, fast breaks, clearing and riding, shooting, and positional play.

Although we prefer all players to attend the sessions and recreational games, we realize there may be conflicts with other sports. A detailed clinic and recreational game schedule will be mailed to you in March. There will be approximately 8 clinics lasting one hour, and 6 recreation games for the older group. This program requires no traveling.

For additional information on the Pelham Recreation Boys Lacrosse program, please E-Mail program director, Matt Tolan at teamtolan@optonline.net or call 917-822-2694.

A minimum of 15 youngsters is required per grade level.

Program Fee- \$100—Payable to: Pelham Recreation Lacrosse

Equipment Needed- Men's Lacrosse Stick, rubber cleats, mouthpiece, helmet, arm pads, shoulder pads

BOYS LACROSSE 2011 REGISTRATION FORM
GRADES 1-2-3-4-5-6-7-8

NAME _____ GRADE _____ U S Lacrosse # _____

ADDRESS _____ TELEPHONE _____

CELL _____ E-MAIL _____

CELL PROVIDER _____

Parent/Guardian Signature

We need parental help in order to continue this program. No lacrosse experience is necessary.

Are you willing to: Assistant Coach Communications

If, due to a disability, you need an accommodation or assistance to participate in Pelham Recreation programs, please call Pelham Recreation (voice) 914-738-0153 or (TDD relay) 1-800-662-1220.

FOR OFFICE USE ONLY: Receipt # _____ Hold Harmless _____ Entered _____

Please fill out Code of Sportsmanship and Hold Harmless Agreements on back of flyer

PELHAM RECREATION DEPARTMENT

PELHAM RECREATION DEPARTMENT CODE OF SPORTSMANSHIP AGREEMENT

One of the goals of the Pelham Recreation Department is to provide the youth of Pelham with a safe, fair and fun environment where they can compete in a range of athletic activities. In order to achieve this goal, it is essential that there is total cooperation among the athletes, coaches and parents in demonstrating GOOD SPORTSMANSHIP at all times. Under no circumstances should any spectator or outsider interfere with any of the children, coaches or officials. Any disruption of a game makes it virtually impossible to organize and instruct the children, and thus, will not be tolerated. The spectator or outsider and child will be asked to leave the field or playing area. So that every child benefits from a successful program, every parent of a child participating in a Pelham Recreation Department sponsored event is asked to sign this Code of Sportsmanship Agreement.

Child's Name _____ Parent/Guardian Signature _____

HOLD HARMLESS AGREEMENT

Important: This agreement contains a waiver of rights by the people signing it. Please READ IT CAREFULLY. If you have any questions or reservations about it whatsoever, please do not sign it.

This AGREEMENT entered into this ____ day of _____, 20____ by and between THE PELHAM RECREATION COMMISSION ("The Commission") and _____ (the "Participant"), or _____ and _____ (the "Parent(s) of the Participant" if he or she is under the age of 18 years.)

WITNESSETH: In consideration of the Participant being allowed by the Commission to participate in all Pelham Recreation programs to use the fields and facilities of the Town of Pelham and the Pelham Union Free School District in consideration of the covenants and representations herein made, the Participant or the Parent(s) of the Participant do hereby agree as follows:

1. The Participant or the Parent(s) of the Participant as the case may be, do hereby release and discharge and agree to hold harmless the Town of Pelham and its Town Council, The Pelham Recreation Commission, The Pelham Union Free School District and its Board of Education, and their members, officers, directors, employees and agents (including persons serving as volunteers) (Hereafter collectively referred to as "the Sponsor") individually and collectively of and from any and all liability, action, cause of action claim, demand and responsibility whatsoever in law and in equity, arising out of or in consequence of the Participant participating in the Program, or being a passenger in a vehicle provided by the Sponsor in conjunction with the Program – including specifically but without limitation injury and/or death – unless the same is caused by the gross negligence or willful misconduct of the Sponsor.
2. The Participant or the Parent(s) of the Participant specifically acknowledge the potential of risk and injury involved in participation in the Program and do hereby assume said risk and authorize the Commission or its representative to obtain emergency medical treatment for the Participant should the same be necessary during the course of the Program and should the Commission or its representative be unable to make immediate contact with the Parent(s) of the Participant. The Participant or the Parent(s) shall be responsible for the costs of said emergency treatment.
3. It is understood and agreed that the Town of Pelham, the Pelham Recreation Commission, and the Pelham Union Free School District shall not be required to maintain medical or hospitalization insurance coverage with respect to the program and those who participate in it.

(Participant) _____

Parent(s) _____

Pelham Rec. Dept. _____
