

PELHAM RECREATION DEPARTMENT
RICHARD J. DARONCO TOWN HOUSE—20 FIFTH AVENUE
738-0153/FAX 712/0586/HOTLINE 738-6644
www.pelhamrecreation.com

2011 PELHAM GIRLS YOUTH LACROSSE PROGRAM GRADES 1-6

Fees: \$125 per player payable to Pelham Recreation Lacrosse. This fee includes Pelham lacrosse t-shirt, insurance, season end trophies, balls, referee fees, and clinics. In addition, all players in grades 3-6 must join US Lacrosse for \$25. This covers insurance on non-Pelham fields, as well as each member receives US Lacrosse magazine subscription. Please visit the US Lacrosse website for more information.

Goal: The objective of this 12 year old program is to offer the girls of Pelham in grades 1-6 the opportunity to learn the fundamentals of lacrosse. The program is designed to offer all players the chance to learn and play the game with participation based on the girls' desire to learn the game.

1st/2nd Grade Program: Saturday mornings for one hour. This program is designed for girls brand new to the game. Basic fundamentals, relay races and recreation games will be the focus.

3rd/4th Grade Program: One weeknight practice and one weekend game. Clinic, fundamentals, and weekly recreation and travel game opportunities will highlight this program.

5th/6th Grade Program: Two weeknight practices and/or 1-2 games per week. This program will require a greater commitment from both the players and the coaches. We will attempt to build on the skill levels and play in competitive games vs. other communities. There will be travel to other towns for games during the week and weekend.

Equipment Needed (no exceptions): Mouthguard, Eye Goggles & Girl's Lacrosse Stick

All of the above can be conveniently purchased from Lacrosse websites, such as Longstreth.com as well as from Modells. Your age group coaches will be emailing you information in mid-March 2011. Although we prefer all players to attend the sessions and recreational games, we realize there may be conflicts with other sports. We look forward to a fun and enjoyable season with your girls! Help us grow the program and tell your friends to sign up!

GIRLS LACROSSE 2011 REGISTRATION FORM
GRADES 1-6

NAME _____ GRADE _____ U S LACROSSE # _____

ADDRESS _____ PHONE _____ CELL _____

E-MAIL _____ CELL PROVIDER _____
*all communication will be via e-mail and website

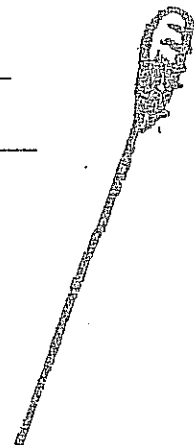
Parent/Guardian Signature

We need parental help in order to continue this program. No lacrosse experience is necessary.
Are you willing to: ___ Assistant Coach ___ Communications

If, due to a disability, you need an accommodation or assistance to participate in Pelham Recreation programs call Pelham Recreation at 914-738-9153 or (TDD relay) 1-800-662-1220.

FOR OFFICE USE: Receipt # _____ Hold Harmless _____ Entered _____

Please fill out and sign the Code of Sportsmanship and Hold Harmless Agreement on back of flyer



PELHAM RECREATION DEPARTMENT

PELHAM RECREATION DEPARTMENT CODE OF SPORTSMANSHIP AGREEMENT

One of the goals of the Pelham Recreation Department is to provide the youth of Pelham with a safe, fair and fun environment where they can compete in a range of athletic activities.

In order to achieve this goal, it is essential that there is total cooperation among the athletes, coaches and parents in demonstrating GOOD SPORTSMANSHIP at all times.

Under no circumstances should any spectator or outsider interfere with any of the children, coaches or officials. Any disruption of a game makes it virtually impossible to organize and instruct the children, and thus, will not be tolerated.

The spectator or outsider and child will be asked to leave the field or playing area.

So that every child benefits from a successful program, every parent of a child participating in a Pelham Recreation Department sponsored event is asked to sign this Code of Sportsmanship Agreement.

Child's Name _____ Parent/Guardian Signature _____

HOLD HARMLESS AGREEMENT

Important: This agreement contains a waiver of rights by the people signing it. Please READ IT CAREFULLY. If you have any questions or reservations about it whatsoever, please do not sign it.

This AGREEMENT entered into this ____ day of _____, 20__ by and between THE PELHAM RECREATION COMMISSION ("The Commission") and _____ (the "Participant"), or _____ and _____ (the "Parent(s) of the Participant" if he or she is under the age of 18 years.)

WITNESSETH: In consideration of the Participant being allowed by the Commission to participate in all Pelham Recreation programs to use the fields and facilities of the Town of Pelham and the Pelham Union Free School District in consideration of the covenants and representations herein made, the Participant or the Parent(s) of the Participant do hereby agree as follows:

1. The Participant or the Parent(s) of the Participant as the case may be, do hereby release and discharge and agree to hold harmless the Town of Pelham and its Town Council, The Pelham Recreation Commission, The Pelham Union Free School District and its Board of Education, and their members, officers, directors, employees and agents (including persons serving as volunteers) (Hereafter collectively referred to as "the Sponsor") individually and collectively of and from any and all liability, action, cause of action claim, demand and responsibility whatsoever in law and in equity, arising out of or in consequence of the Participant participating in the Program, or being a passenger in a vehicle provided by the Sponsor in conjunction with the Program – including specifically but without limitation injury and/or death – unless the same is caused by the gross negligence or willful misconduct of the Sponsor.
2. The Participant or the Parent(s) of the Participant specifically acknowledge the potential of risk and injury involved in participation in the Program and do hereby assume said risk and authorize the Commission or its representative to obtain emergency medical treatment for the Participant should the same be necessary during the course of the Program and should the Commission or its representative be unable to make immediate contact with the Parent(s) of the Participant. The Participant or the Parent(s) shall be responsible for the costs of said emergency treatment.
3. It is understood and agreed that the Town of Pelham, the Pelham Recreation Commission, and the Pelham Union Free School District shall not be required to maintain medical or hospitalization insurance coverage with respect to the program and those who participate in it.

(Participant) _____ Parent(s) _____

Pelham Rec. Dept. _____